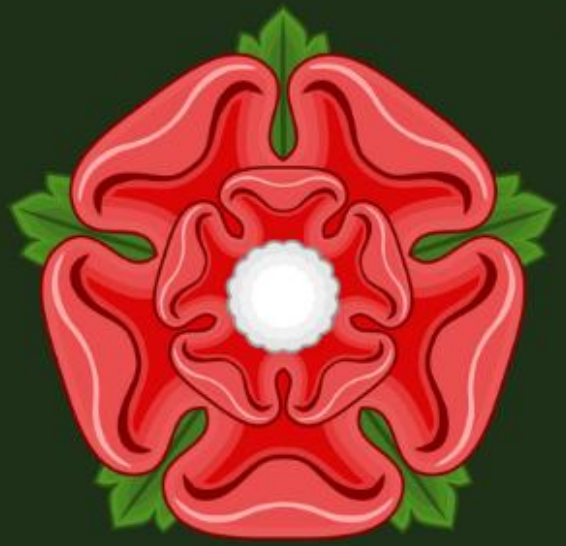
Annual Walk



Lancashire Way 2027

St Luke's HOSPICE

Annual Walk 2027





- Annual Walk been running since 1996
- Raised in excess of £2.32m for St Luke's Hospice
- St Luke's Hospice 40th Anniversary





Accommodation

When?

Friday 30 April to Tuesday 4 May 2027

Where?

Mercure Blackburn Dunkenhalgh Hotel & Spa

Capacity for 100 guests



St Luke's HOSPICE

Costs

Classic Single	Privilege Single
£595 per person	£675 per person
• En-suite bath & shower • Free Wi-Fi & flat-screen TV • Iron & ironing board • Tea & coffee facilities	• Modern shower • Bathrobe & slippers • Nespresso coffee machine • Mini fridge with soft drinks • Small safe, hairdryer & large-screen TV

Classic Double / Twin	Privilege Double / Twin
£465 per person	£495 per person
• En-suite bath & shower • Free Wi-Fi & flat-screen TV • Iron & ironing board • Tea & coffee facilities	• Modern shower • Bathrobe & slippers • Nespresso coffee machine • Mini fridge with soft drinks • Small safe, hairdryer & large-screen TV







St Luke's HOSPICE

What's Included?

- Hotel Accommodation with access to the gym and swimming pool
- Daily Breakfast
- Packed Lunch
- Three-course Dinners
- Return Travel Coach

Fundraising

£350 minimum fundraising target

JustGiving™

Other ways to raise money easily – and how we can help



- Sell your unwanted items on eBay or Vinted
- If you work, get your colleagues together and organise a bake sale – if you don't, organise a bake sale at home for your street
- Rope in the children and grandchildren – can they help by washing cars, mowing people's lawns, offering to do chores….
- Organise an event of your own – wine and cheese, racing nights or even a quiz night





Get in touch with us for…..

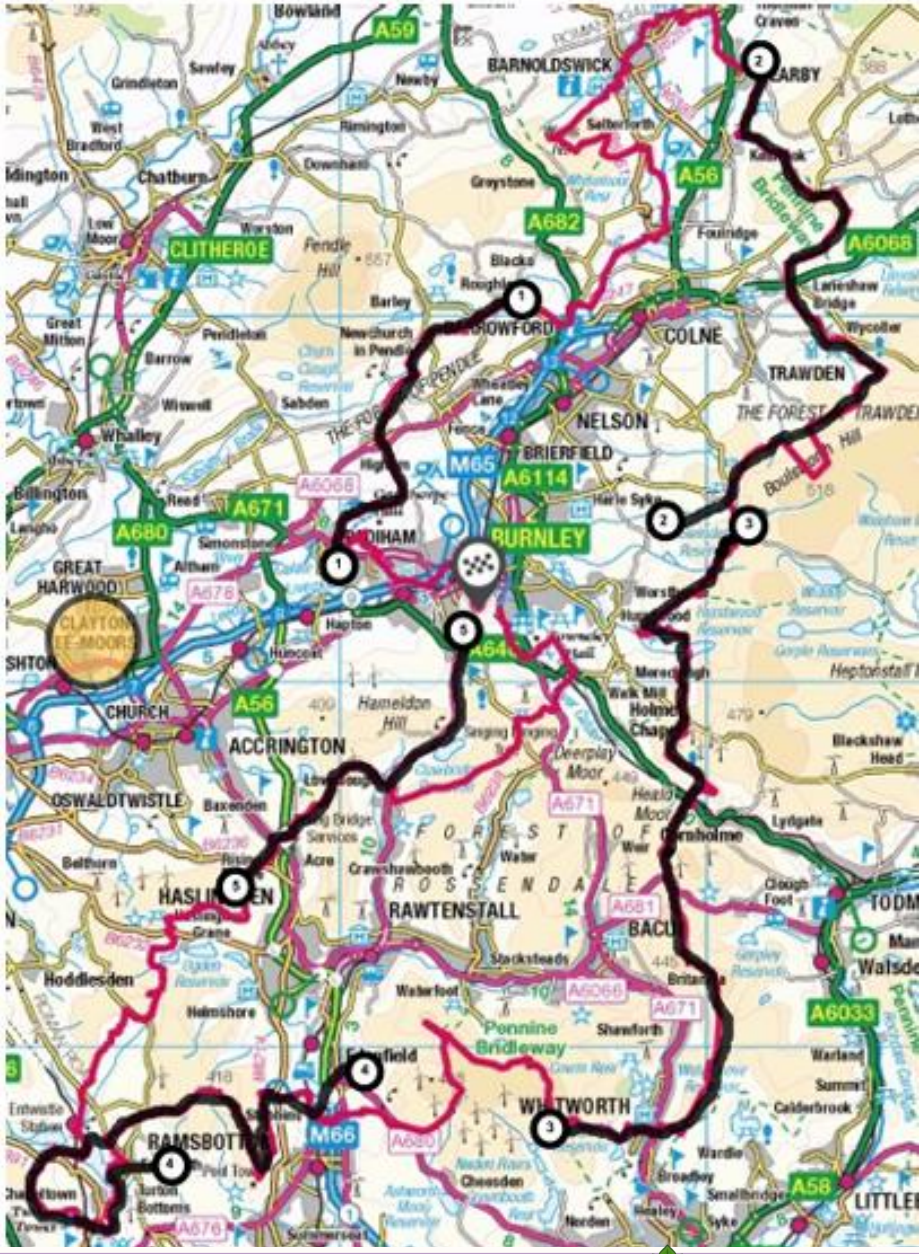
Posters, collection tins, sponsorship forms and advice

Where are we going?

- Lancashire Way – Eastern Loop
  - Just under 100 miles
  - We will walk up to #66 miles

For more info

https://www.lancashireway.com/



Recce

- Team of 9
- October 5 – October 9
- Walked entire route
- Adjusted maps
- Produced walk notes
- Identified check points







How does the walk work?

Do you want a challenge?

- **Ultra**– for the stronger, faster walker
- **Long**– a full day walk at a similar pace to the rural training walks
- **Short** – a shorter walk which can be accomplished at a more leisurely pace

Walk in small groups at your own speed

- Groups seem to naturally form – anyone can walk with anyone
- Emergency phone numbers will be given out
- Public loos not always available on the route (check walk notes)

Checkpoints

- Every 4 -5 miles
- Give your walker number to the checker and make sure they tick you off
- Feel free to top up your water bottle



Sweepers

- Stay at the back of the walk
- All should be ticked off when they reach the checkpoint



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How do I know where to go?

Follow the signs

- Waymarks
- Finger posts

Maps

- “Paper” maps
- Follow the route on your phone

Walk Notes

- A few extra instructions











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How do I get there?

Coach travellers

- Arrive at St Luke's Hospice at 6:30am for 7:00am departure
- Come ready to walk
  - Walking clothes and walking boots on
  - Packed lunch, water bottles, day 1 maps and walk notes in your rucksack
- Suitcase in coach luggage space
  - You will see it again at the Mercure Hotel
- Coach will take you to the start of the walk

Car travellers

- Make your own way to the Mercure Hotel
- Leave your luggage in the car
- Coach will arrive at 12:00 to take you to the start of the walk





Day One – Habergham to Roughlee

- Start Walking at 12:30
- Relatively flat
- Highlights include
  - Gawthorpe Hall
  - Higham Village
  - Newchurch in Pendle
- Finish at Bay Horse Inn, Roughlee
- Coach leaves 17:30 to head to Mercure

Option	Start	Distance (Miles)
Long	Habergham	8.5
Short	Higham	4













St Luke's HOSPICE






THE BAY HORSE INN
WELCOME TO
THE BAY HORSE INN
FOOD SERVED
WEDNESDAY-SUNDAY
ALL DAY
WE ARE OPEN BANK HOLIDAYS
FOR FOOD AND DRINKS
ALL DAY
BEER GARDEN AT THE REAR





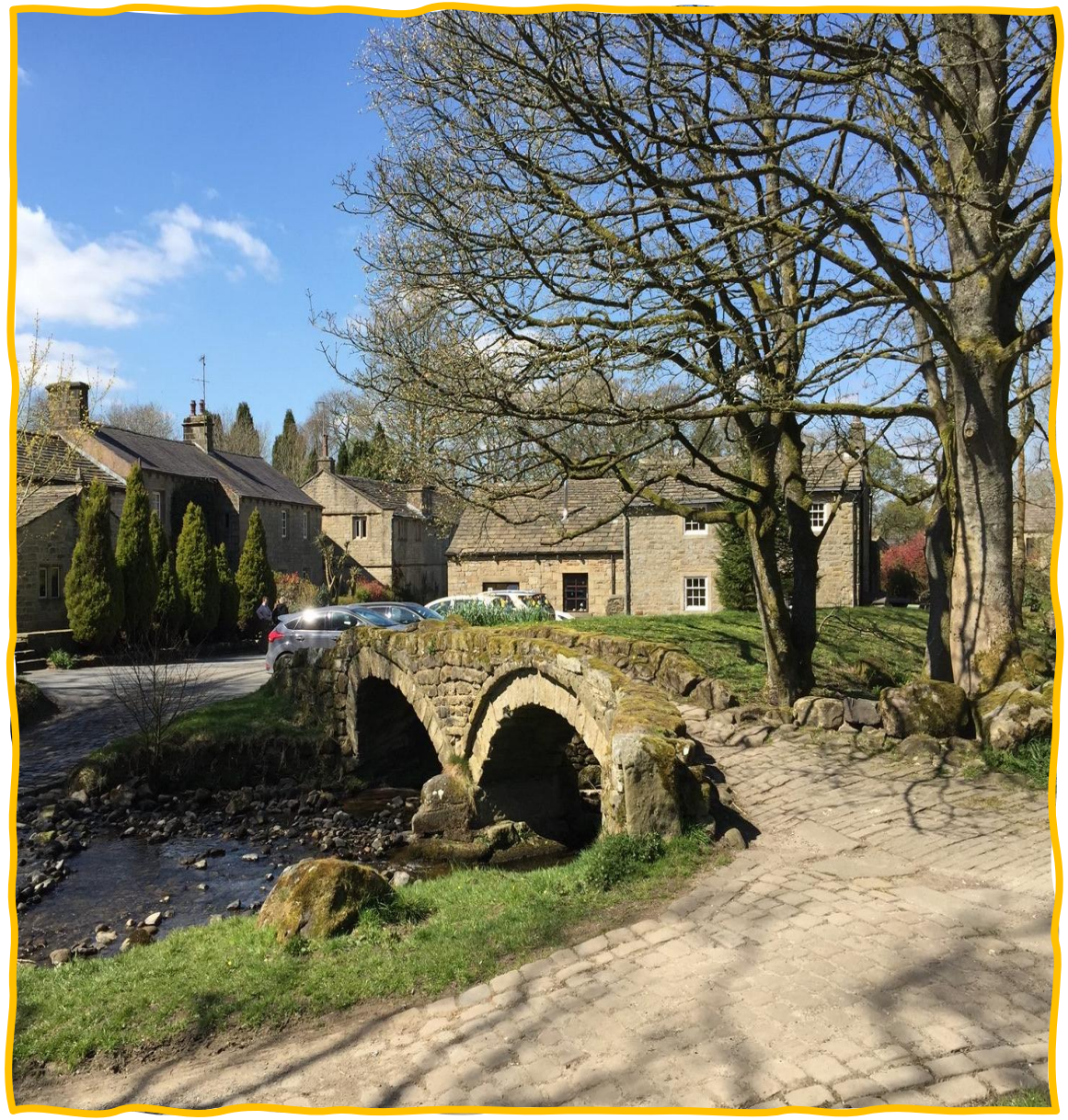
Day Two – Earby to Roggerham Inn

- Coach leaves at 8:30
- Route largely follows Pendle Way
- Highlights include
  - Harden Clough Farm
  - Laneshaw Bridge
  - Wycoller
  - The Atom
  - New House
- Finish at Roggerham Inn
- Coach leaves 17:30 to return to Mercure Hotel

Option	Start	Distance (miles)
Ultra	Earby	16.5
Long	Black Lane Ends	12.5
Short	Wycoller	8.5













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St Luke's HOSPICE

Day Three – Briercliffe Scenic Spot to Whitworth

- Coach leaves at 08:30
- Moorlands, Wind Turbines and Reservoirs
- Highlights include
  - Swinden Water
  - Hurstwood Reservoir
  - Coal Clough Wind Farm
  - Cliviger Gorge
- Finish at Red Lion, Whitworth
- Coach leaves at 17:30 to return to Mercure Hotel

Option	Start	Distance (miles)
Ultra	Briercliffe Scenic Spot	16.5
Long	Hurstwood	12.5
Short	Ratten Clough	7.5













St Luke's HOSPICE




TODMORDEN WIND FARM
15
res




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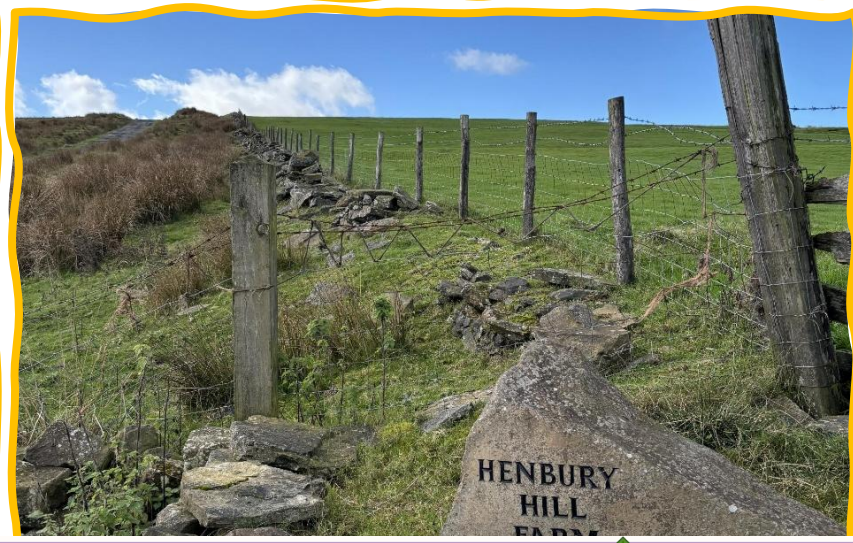

HENBURY
HILL

Day Four – Edenfield to Edgworth

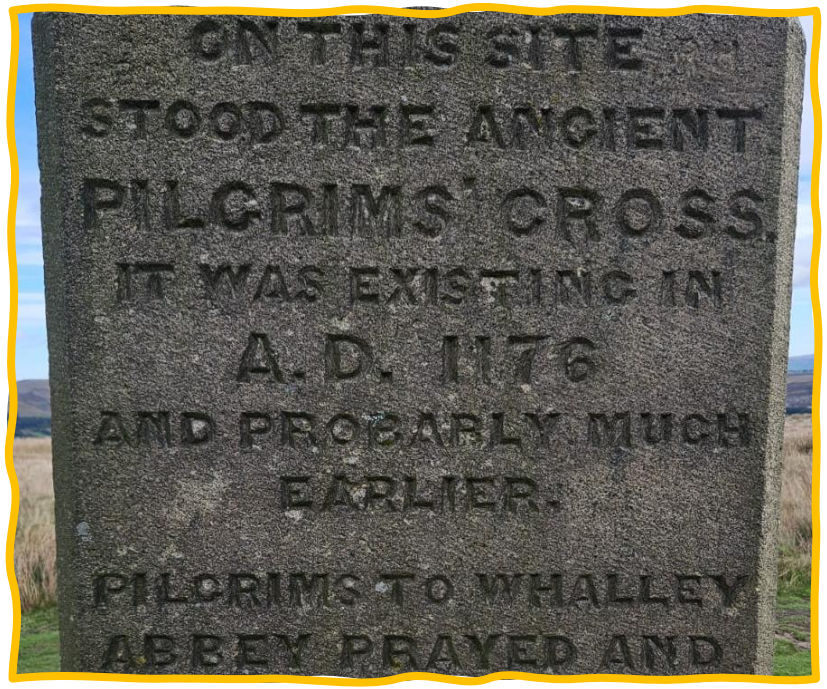
- Coach leaves at 08:30
- Moorlands and Reservoirs
- Highlights include
  - Peel Tower
  - Pilgrims Cross
  - Wayoe Reservoir
  - Turton Towers
  - The Wader
- Finish at Black Bull, Edgworth
- Coach leaves at 17:30 to return to Mercure Hotel

Option	Start	Distance (miles)
Ultra	Edenfield	15
Long	Ramsbottom	13
Short	Crowthorn	7.5

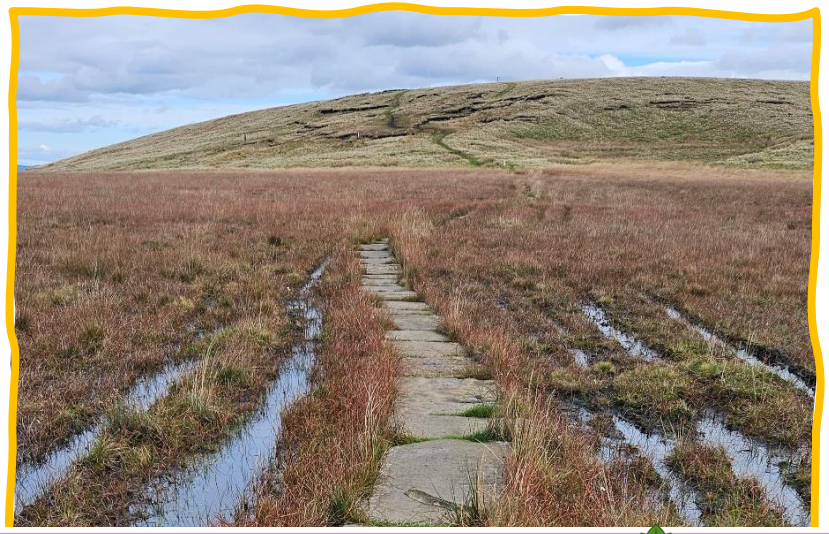




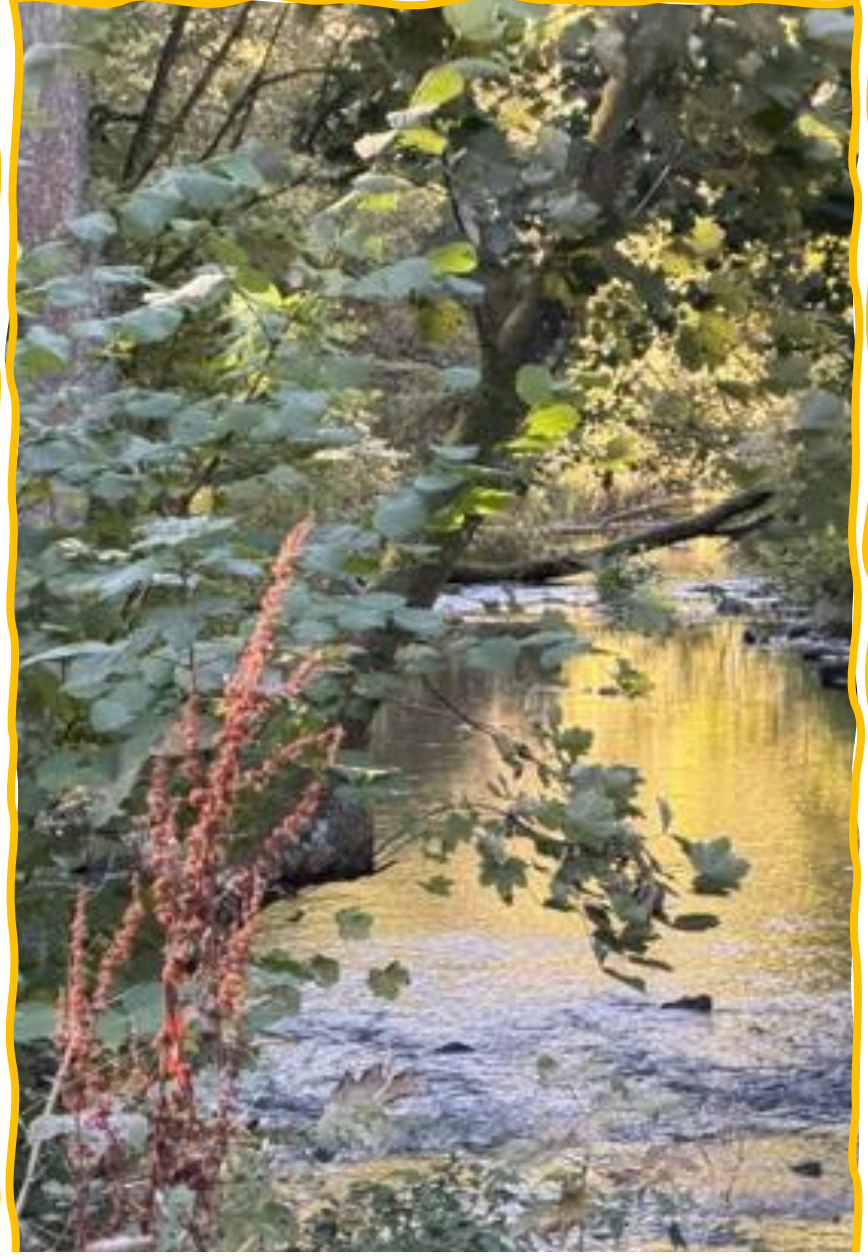



ON THIS SITE
STOOD THE ANCIENT
PILGRIMS' CROSS.
IT WAS EXISTING IN
A.D. 1176
AND PROBABLY MUCH
EARLIER.
PILGRIMS TO WHALLEY
ABBEY PRAYED AND



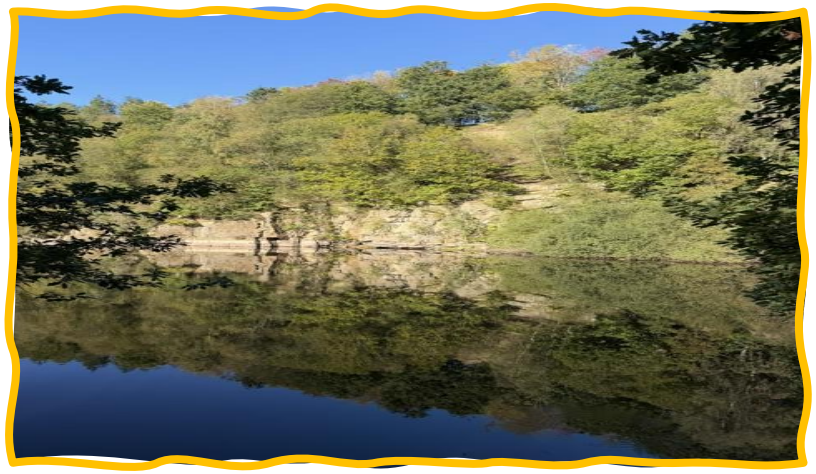












St Luke's HOSPICE

Day Five – Rising Bridge to Towneley Park

- Coach leaves at 08:30
- Wear your t-shirt/polo
- Moorlands and Wind Farms
- Highlights include
  - Loveclough
  - Compston's Cross
  - Singing Ringing Tree
- Finish at Towneley Park, Burnley
- Coach returning to St Luke's departs 14:00
- Coach returning car travellers to Mercure

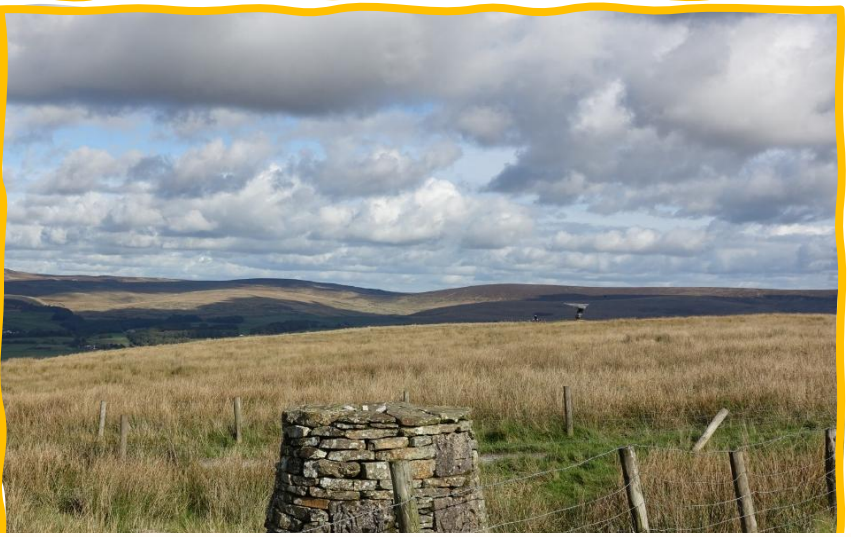
Option	Start	Distance (miles)
Long	Rising Bridge	9
Short	Loveclough	6













St Luke's HOSPICE

Health & Safety

- Designated first aiders
- Emergency contact numbers will be distributed prior to the walk
- Minibus
  - To transport walkers who need to drop out of the day's walk due to injury or fatigue
  - If you need to drop out, please try to get to a checkpoint or at least a road if possible
  - Will be available for the entire walk until the sweepers have arrived at the end of day pub
- what3words – https://what3words.com/
  - Free app used by emergency services to identify a location within a 3-metre square

Support for new walkers

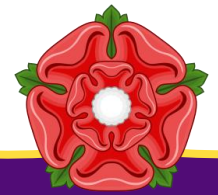
- Additional Information Evening at St Luke's for new walkers
- Committee member (**Glenn Connolly**) will remain in contact with new walkers and is happy to field any questions
- Glenn will encourage new walkers to join some of the Walking Club walks in order to meet other walkers and enhance the experience
- Information packs including kit lists, maps and walk notes distributed closer to the walk

Equipment – What to pack

- Choosing the right kit will ensure that you are happy and comfortable during your challenge and can also help you avoid injury or soreness.
- Clothing – the temperature is likely to still be cooler and changeable in May so bring plenty of layers and consider loose-layered clothing that permits free airflow. Good waterproofs will also be essential if we get caught in any showers. Synthetic-blend materials that wick away moisture and dry quickly can be useful if it is warmer or you get wet.
- Small Rucksack (roughly 25 litre) – you will be carrying your water, packed lunch, sun cream, small first aid kit and spare layers etc. each day so try and get a rucksack with a back system, with reduced mesh panel for greater comfort, air circulation and heat dispersion.
- Boots – walking boots should be comfy with ankle support and well worn in before the walk. Why not join us on our regular training walks to wear them in?

Equipment Checklist

- ❑ Small rucksack (25l)
- ❑ Walking boots
- ❑ Waterproof jacket and trousers
- ❑ Fleece x 2+
- ❑ Base layers x 4
- ❑ Walking trousers/shorts x 3+
- ❑ Walking socks x 5+
- ❑ Liner socks x 5+
- ❑ Gloves
- ❑ Hat
- ❑ Water bottle and/or hydration bladder
- ❑ Walking poles (optional)
- ❑ Insect repellant
- ❑ Small torch
- ❑ Handkerchief/ tissues
- ❑ Blister pads
- ❑ Sunscreen
- ❑ Evening clothes
- ❑ Sunglasses
- ❑ Medication
- ❑ Toiletries



St Luke's Walking Club





Coming soon

- November 15 – Capital Ring – Harrow to Wembley, 4.5 miles
- November 19 – Primrose Hill & Regents Park, 5 miles
- November 28 – Chesham to Chalfont & Latimer, 8 miles
- January 1 – Rickmansworth Aquadrome, 4.5 miles
- January 30/31 – Spring Walking Programme commences



https://www.stlukeswalkingclub.org.uk

- To join walking club WhatsApp group

https://chat.whatsapp.com/GBXt8ASf2Xl5eEdeh0hGBx





St Luke's HOSPICE

St Luke's HOSPICE

I'm looking forward to it already

See you in Lancashire!